

13. Good Faith Estimate

Good Faith Estimate for Mental Health Services

For non insurance or out of network clients

Client Full Name:

Client Date Of Birth:

Client Email:

Client Mobile Phone Number:

Fees to be expected for each session/ service

Please be aware that fees are not always charged on the day of the session due to unexpected circumstances. Please be sure keep your own tally of what is owed and be prepared with the amounts owed to remain in your account until charged.

Below is a link to our basic current fee chart on our website. These are per session/ service:

<https://compassioncounseling.us/rates-insurance/> Below is the current list of charges for clients not using insurance as of this date: Fees LPC COUNSELORS Regular session \$155 Emergency session \$180 No show/ late cancel fee \$80 Associate/ Intern Counselor Regular session \$90 Emergency session \$115 No show/ late cancel fee \$60 Practicum Counselor Regular session \$50 Emergency session \$65 No show/ late cancel fee \$30 When not using insurance, we do offer an option for urgent scheduling: Urgent Scheduling Appointment additional fee \$20

Total fee if client chose to see an LPC counselor weekly for one year: $\$155 \times 52 \text{ weeks} = \$8,060.00$ per year. Every client's needs are different, some clients see a counselor less often, some see a counselor for a shorter length of time, some more. Your needs are individual and you are part of that decision.

It is expected that we provide a diagnosis code for clients for insurance filing purposes. In a Good Faith Estimate we are also wanting to provide you an expected diagnosis code, however, until we have met with you, it is commonly not seen as ethical and so we are providing you some options that we commonly see at our practice. But as the list of actual possible diagnosis options are quite expansive, we also would like to provide you the website link to the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) site as well for your review:

<https://dsm.psychiatryonline.org/doi/book/10.1176/appi.books.9780890425596>

Commonly used diagnosis codes in our practice:

F41.1 - Generalized anxiety disorder F41.9 - Anxiety disorder, unspecified F41.0 - Panic disorder without agoraphobia F42.2 - Mixed obsessional thoughts and acts F43 - Adjustment disorders Z63.0 - Problems in relationship with spouse or partner F43.12 - Post-traumatic stress disorder, chronic F43.10 - Post-traumatic stress disorder, unspecified F34.1 - Dysthymic disorder F33 - Major depressive disorders F90.2 - Attention-deficit hyperactivity disorder, combined type F90.0 - Attention-deficit hyperactivity disorder, predominantly inattentive type F60.9 - Personality disorder, unspecified F84.0 - Childhood autism

Please let your counselor know if you have any questions regarding your counselor's thoughts on your diagnosis once sessions are underway.